

## SATURDAY Process Work Classes 2007

With Arlene and Jean Claude Audergon

[www.processwork-audergon.com](http://www.processwork-audergon.com); [www.rsopuk.com](http://www.rsopuk.com)

University of London Union, Malet Street

### Saturday Classes I. (descriptions below)

Dates: January 20, February 10, May 12, June 16

- ♦ Relationship Studio series Time: 11.30 am – 2.00 pm
- ♦ The Learning Circle:  
Community Forum Facilitation series Time: 2.30 pm – 5.00 pm
- ♦ Evening Case Supervision series Time: 6.00 pm – 8.30 pm

### Saturday Classes II. (descriptions below)

Dates: January 27, February 17, May 19, June 23

- ♦ Arts Atelier 'Studies' series Time: 11.30 am – 2.00 pm
- ♦ Living and Dying: 'Between Worlds' series Time: 2.30 pm – 5.00 pm
- ♦ Case Study Evenings: 'Developing a Case Study' series Time: 6.00 pm – 8.30 pm

### Cost:

Each class is offered as a whole series of four. It is not possible to attend just a single class. The cost for one series of four is £100. If you take more than one class, on the same series of four Saturdays, there is a price reduction:

- ♦ Two series of four - £180
- ♦ Three series of four - £250

### Contact:

Stanya Studentova Email: [seminars@processwork-audergon.com](mailto:seminars@processwork-audergon.com) Telephone: 0044 (0)7716 787327  
If you have any questions about the classes or need additional information, please email!

The registration form is at the bottom of this document.

### Saturday Classes I. January 20, February 10, May 12, June 16

#### Relationship Studio Series

Time: 11.30 am – 2.00 pm

This is a theoretical and experiential course, focusing on short and long term processes in relationships, momentary interactions between any two people, couples and family work, issues of gender, sexual orientation, homophobia, multi-cultural communication and communication styles, relationship myths, and the joy and trouble of processing relationship tangles exploring the various tools of Process Work and learning creatively to support oneself and the other and the emerging process between both in the moment. For personal and professional development

#### The Learning Circle: World Work and Community Forum Facilitation

Time: 2.30 pm – 5.00 pm

This is a training ground for people to develop and practice forum facilitation skills and team work. This includes designing a forum, researching the themes, relationship and networking, preparation through studying polarizations and hot spots, and more. .Community forums are gatherings from two or three hours to three or four days on a topic of social or political or community concern, such as: multicultural issues, violence in schools, Asylum issues, Homophobia, Mental health of our communities, the environment and more). There will be training opportunities in small groups, as well as the large group. Feel free to send suggestions to us in advance about forum themes that you would like to explore.

### Evening Case Supervision

Time: 6.00 pm – 8.30 pm

Each evening of this case supervision series has a focus: These are: Body symptoms and illness; Addictions; Extreme States; Relationship or family work. Cases will be collected one week in advance. Please ask for the newest version of our case write up template. Fragments of audio and video tape and video study will be a special emphasis in this class. Please sign the confidentiality forms for this class.

### Saturday Classes II. January 27, February 17, May 19, June 23

#### Arts Atelier Studies

Time: 11.30 am – 2.00 pm

Creativity emerges in the cracks between dimensions, in the marginalized and unexpected, and in the essence of you as a creator and what is trying to emerge in you. Creativity also arises through grappling with the limits of time and form, and the dreaming arising in us. In this course we will practice methods of Process Work in their application to the arts, working with short examples and sketches of performance pieces, music, theatre, dance, and visual arts, and writing. Class participants and guest artists will have a chance to work with their own works in progress, if you wish - as we demonstrate and practice methods together.

#### Living and Dying: Between Worlds

Time: 2.30 pm – 5.00 pm

This class is for all involved and interested to explore attitudes, skills and eldership in working with altered states and coma around death, dying and living. We'll focus on philosophical, cultural, and process notions of death, as it appears in life, in symptoms, in chronic or serious illness, coma, and dying. The focus is on awareness of our relationship with Death, needed to work with living and dying processes, particularly around serious illness and coma. Life is often described as a movement towards individuation or enlightenment. Parallel it's a movement towards death. We will examine the processes involved.

#### Case Study: Development of Case Studies

Time: 6.00 pm – 8.30 pm

We will focus on one case each evening, and learn how to develop a case study.(3000-5000 words). The purpose of the case study is to develop and demonstrate insight into psychological processes and therapeutic work over time, applying concepts and methods of Process oriented Psychology in practical work. Students are asked to look at the relationship between short and long term processes; outer issues and dreaming dynamics; explain their understanding of the short- and long-term process of their client and how they come to it, the momentary interaction and personal and family history and complexes - emphasizing how a momentary process relates to the long-term pattern of individuation. The student will also be asked to look at short and long-term interventions, for example, how a complex is worked on over time in its different facets, revealing a person's personality and creativity. We will also study dynamics of dreaming up, transference and counter-transference in the therapeutic process, where the edge of the client meets the edge of the therapist, and how the therapist works with this. (To prepare for the case study class, you do not have to have completed a case study - but a preliminary work sheet - please contact us.) This class is for all registered students and diplomates of Process Work.

**Registration form:**

Please send the registration form with cheque payable to AUDERGON SEMINARS, to AUDERGON SEMINARS, Interchange Studios, Hampstead Town Hall, 213 Haverstock Hill, London NW34QP

I would like to register for the following classes:

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- Evening Case Supervision series

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Payment enclosed: .....

Name .....address .....

Email .....Telephone numbers: .....

Special considerations: .....

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